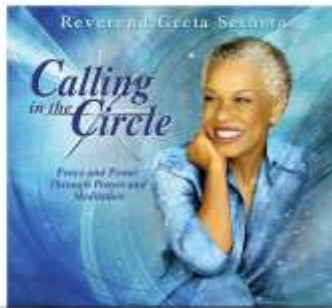




How To Live in the Nick of Time: 7 Simple Steps to Living a Fulfilled Life

REVEREND GRETA SESHETA

I am an ordained minister, sought-after pulpit speaker, teacher, author, spiritual counselor and founder of 7-Pointed Star Ministries, which helps people find fulfillment in every area of their lives.



As a Licensed Spiritual Practitioner of the Agape International Spiritual Center since 1993, I have led workshops, created sacred ceremonies for individuals and organizations, and regularly contributed articles to the community of over 40,000 online subscribers. I am a contributing writer to the Religion Section of the Los Angeles Sentinel Newspaper.

In addition to my spiritual focus, I also work in the film industry. I often appear as an actress in movies, commercials, and television (including roles on Grey's Anatomy, Alias and Ghost Whisperer) and as a model in national magazines, newspapers and on billboards. I was a featured spiritual expert in the TV show "Starting Over" and in the movie "Beyond Belief."

I have a master's degree in Fine Arts from UCLA and a master's of Consciousness Studies from Holmes Institute and am the very proud mother of three wonderful daughters and have one granddaughter.

My mission and my joy is in helping others experience health, healing and happiness.



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